



Let's reflect

NAME: _____

DATE: _____

Use the space below to reflect on something you have done recently, using the "What, So What, What's Next" method.

WHAT? What happened? What are you reflecting on?

Four horizontal lines for writing the 'WHAT?' section.

SO WHAT? What did you learn? What was the impact of this?

Four horizontal lines for writing the 'SO WHAT?' section.

WHAT'S NEXT? How will you apply what you learned in the future?

Four horizontal lines for writing the 'WHAT'S NEXT?' section.